



## COURSE OUTLINE

ISO 45001 Foundation Course  
(1 day)



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## COURSE OUTLINE

### Course Title:

- ISO 45001 Foundation Course

### Duration:

7 hours

### Course Synopsis:

This course aims to provide delegates who have an existing basic knowledge of, or experience in, occupational health and safety (OH&S) management, with an understanding of the management systems approach and the requirements of ISO 45001.

The course is based on the IRCA specification - FD127 ISO 45001:2018 Foundation.

### Course Content:

- The purpose of an OH&S management system, of OH&S management system standards, and the business benefits of improved performance of the OH&S management system.
- The structure and content of ISO 45001.
- The OH&S management system related requirements of ISO 45001.
- The processes involved in establishing, implementing, operating, monitoring, measuring, analysing, evaluating, reviewing, maintaining and improving an occupational health and safety management system, including the significant of these for OHSMS auditors.
- The terms and definitions defined and used in ISO 45001.
- Understanding the key elements of ISO 45001:
  - External and internal issues, requirements of workers and other relevant interested parties, actions to address risks and opportunities, and the OH&S management system processes.
  - Scope
  - OH&S Policy
  - Leadership and commitment
  - Objectives
  - Hazard identification and assessment of risks and opportunities
  - Support - Resources, competence, awareness and communication
  - Operations - management of change, procurement
  - Emergency preparedness and response
  - Monitoring, measurement, analysis and evaluation
  - Internal audit.
  - Management review
  - Improvement



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**Who is the course intended for?**

Anyone wishing to improve their knowledge of the ISO 45001:2018 Standard.

**Pre-requisites:**

Required Knowledge of:

- The Plan, Do, Check, Act (PDCA) cycle
- A basic knowledge of managing occupational health and safety through hazard identification, risk assessment and risk control and compliance with legal requirements and other requirements.
- Common examples of relevant national and local OH&S legislation and requirements

**Course Assessment and Accreditation:**

None



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